EviPrev Evidenzbasierte Prävention in der medizinischen Grundversorgung

Programme EviPrev

Annual report 2024

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1. Summary

In 2024, the EviPrev recommendations were reevaluated. For this purpose, research work was carried out by Unisanté. The EviPrev Scientific Committee discussed the findings by means of a video-conference and agreed to maintain the current version. The Scientific Committee discussed some future changes, as including a new table with I and/or D recommendations.

The EviPrev recommendations are made available on the websites of the EviPrev Association, Unisanté, PEPra and the FMH Guidelines page. The recommendations are communicated to students in various medical schools.

The IT & Digital Transformation Sector at Unisanté has started work on the implementation of a digital platform for EviPrev in 2023. An initial prototype has been created, which was further to be developed towards a web-based application in 2024.

The EviPrev office at Public Health Services ensured day-to-day operations, including the EviPrev website. It organised the annual meeting and is responsible for reporting.

2. EviPrev recommendations and Scientific Committee

Unisanté has coordinated the organisation of the EviPrev Scientific Committee (SC) meeting. During this meeting and email communication, the experts reached a consensus about the current content of the EviPrev table and discussed some future changes, as including a new table with I and/or D recommendations. Unisanté ensured the control of the EviPrev recommendation table in French based on recent scientific literature.

The text attached to the EviPrev table (annex text) and its references had been updated in 2023. Graphic design work on EviPrev table had been carried out in 2023 with the addition of links to documents, decision aids and annex text.

The Scientific Committee had a meeting on the 30.10.2024.

The main topics and conclusions of the meeting where:

New EviPrev recommendation table and EviPrev recommendation publication

Comments on the table:

- Interventions of the table were reviewed and discussed for updating if necessary
- No major changes since 2023
- Discussion on future changes, as including a new table with I and/or D recommendations.

Methodology of the annual update process

- Update by Unisanté-Lausanne and formal validation by the Scientific Committee.
- Unisanté checks once a year if important changes need to be made.

Next Steps

Financial contribution of PEPra/Health Promotion Switzerland ended at the end of 2023. Further financing to be determined.

3. EviPrev-IT

The IT & Digital Transformation Sector at Unisanté have carried on working on the implementation of a digital platform for EviPrev, under the impulsion of Jacques Cornuz.
As of Dec 31, 2024, the project delivered:

- Prototype v1, featuring
  - an algorithm engine, which can be updated by physicians, without the need for software engineer to code the modifications
  - a web based recommendation engine that
    a. turns the algorithm into a user-friendly questionnaire
    b. computes the data
    c. displays the recommendations
  - A refined candidate algorithm, validated by Unisanté prevention experts in the prevention fields covered by EviPrev

Next Steps
The plan for 2025 is to

- validate the algorithm's consistency from a Digital Health perspective (by a Unisanté physician with expertise in Digital health and recommendation algorithms)
- compare the output of the paper version of EviPrev to those of this 1st digital version of EviPrev (by a Unisanté physician with expertise in EviPrev)
- test the prototype V1 and the algorithm in real-life conditions with actual patients under the supervision of the Senior consulting physicians of the Centre de Santé Blécherette (Lausanne).

4. Promotion and Dissemination of EviPrev

Dissemination

- At Unisanté, teaching and distribution of the new version of the EviPrev table to the GPs of the institution.
- Teaching to pregraduate medical students, postgraduate and continuing education of Swiss primary care physicians on EviPrev recommendations and Shared Decision Making in the universities of Geneva, Lausanne, Bern, Basel and Zürich.
- Publication: Zoller M. et al. Prävention in der Praxis – gewusst wie! Prévention au cabinet médical – Comment faire? Prim Hosp Care 2024;24(01):10-12
- Websites:
  - EviPrev-Website: table, shared-decision-making recommendations and publications. https://eviprev.ch/produkte-tools/
  - EviPrev and SDM webpages in French on the website of Unisanté. https://www.unisante.ch/fr/centre-medical/professionnels-sante/recommandations-eviprev
  - PEPra website: table and SDM tools https://www.pepra.ch/fr/eviprev
  - FMH platform for guidelines: Table and Swiss medical Forum publication. https://www.guidelines.fmh.ch/index_detail.cfm?id=F8BF5E68AF8A2A0AE70D19C9F952D2AB

Next Steps

For future developments, we plan to:

- Dissemination of EviPrev recommandations in GPs trainings
- Update on a regular basis the table, text and webpages of EviPrev and of Unisanté on screening, prevention and decision aids.

6. EviPrev office

Communication

The most important tasks in 2024 were:

- www.eviprev.ch: After the complete overhaul of the website in 2022, only minor adjustments were necessary in 2024.
- The office was the point of contact for requests for information and documentation on EviPrev.
- The office represented EviPrev at several meetings with formal and informal participation of EviPrev (exchanges with Federal Office of Public Health, health insurers, Digital Health/Die Post and others).

Fundraising

In 2024 EviPrev was remunerated by the Swiss Medical Association for a mandate with CHF 49'000. The Swiss Society of General Internal Medicine supported EviPrev with CHF 10'000.

Annual assembly

The EviPrev office has planned the annual meeting of 30th October 2024 and organised it in the form of a video conference. It was combined with the EviPrev team-meeting.
In addition, an extraordinary general meeting was held on February 23, 2024 (also in the form of a video conference), to discuss scenarios for the future of EviPrev and the handover of the Chair of the Scientific Committee.

7. Finances

Members of the EviPrev team provide their services largely as a commitment to better prevention in Switzerland. Their services are not billed by the hour. Any income is distributed in proportion to the services provided. This commitment is not self-evident and deserves our sincere thanks!